

[<Back](#) [Print](#)

## Foundation for Inspired Learning Newsletter

December 2009

### In This Issue

[A Season Of Giving](#)

[A Message From Our Executive Director](#)

[Certification in the Inspired Learning Model](#)

[Inspired Learning in Adult Literacy](#)

[Inspired Learning Program for Parents](#)

[Volunteers Needed](#)

[New forum format](#)

[Point of View - What others have to say](#)

[Acknowledging Our Board of Trustees](#)

[Contributing to the Foundation for Inspired Learning](#)

[Articles Contained Within this Newsletter](#)

### Quick Links

[Register Now](#)

Dear Marcy,

### A Season Of Giving

I give my thoughts to each Inspired Learning facilitator, advocate, volunteer and financial contributor who helps bring Inspired Learning to the world.

I give thanks to my God for letting me hear my life's calling, and the health to do my life's work every single day.



I believe each of us is endowed with a special set of natural gifts. My wish for you this coming year is for you to give your special gifts to those whom you are here to serve.

Thank you for your continuing support. Inspired Learning is making a life-affirming difference in the world of learning.

Love and respect. *Peter Reding, Founder*

### A Message From Our Executive Director

Here we are at the end of another year, and, as I look back at all that we accomplished in 2009, I am humbled and proud to be part of this wonderful inspiring team.

So, what have we been up to? What did we accomplish in 2009?

### Newsletter Archive

### Related Topics

### More About Us

#### Join our list

#### Join our mailing list!

This year, I was part of a wonderful inspired group who collaborated to develop a program specifically for parents. The handbook for the program is finished and, now, in the process of final edits. We hope to deliver our first program for parents in February 2010.

In April, we launched our new program for youth, "Success Dynamics for Inspired Youth" and inspired 21 wonderful potential future leaders.

If you are interested in bringing the youth or parent program to your area/state, city, please let me know and, together, we can figure out how to accomplish this for you.

I want to acknowledge Marlene Martin and Sheila Mitchell for the work they did to develop and deliver a program for Adult Literacy tutors, using the Inspired Learning Model. 2009 was another great year in bringing the Inspired Learning Model to Adult Literacy in California.

We saw a number of people completing their certification in the Model this year. And, we would love to see more of you come to the Foundation in whatever capacity you can next year--we need you and appreciate everything you do to continue to help us take the Inspired Learning Model to the world.

In the meantime, happy holidays and may 2010 be your happiest and most prosperous year ever. *Marcy Johnsrude, Executive Director*

## Certification in the Inspired Learning Model

We saw a number of people complete their Certification in the Model this year--not just those who took a course this year, but some who wished to complete what they had started one or two years ago. It was very inspiring.

So, what about you, do you still have some papers to write to complete your work towards your facilitator certification? If you do, just know that writing from the heart takes very little

time and effort, and we are happy to see you receive your certification no matter when you started this journey.

If you have any questions, please contact  
[marcyjohnsrude@inspiredlearning.org](mailto:marcyjohnsrude@inspiredlearning.org).

## Inspired Learning in Adult Literacy

This past June, Marlene Martin and Sheila Mitchell trained a group of Adult Literacy Tutors using the Inspired Learning Model. Following are comments they received from the Tutors, based on three reflective inquiries:

Inquiry 1: How do you think using the guidelines (i.e. Standards of Presence) will help or encourage your learner?

- Guidelines are very validating in that the learner is considered valuable from the very start without having to accomplish anything.
- I believe the guidelines will help or encourage my learner because he/she will feel in a safe learning environment where there is respect, patience and excitement to teach him/her how to read/write, and for him/her to feel confident.
- Guidelines help foster a safe learning environment.

Inquiry 2: What guidelines do you like the most?

- I like guideline #4 because I believe that relationships are built on deep connections and it is through relationships that human...beings create learning.
- I loved the one of CONNECTING AT A DEEP LEVEL.
- "Be open to learn with a beginner's mind." This is challenging in a positive way because it's been a long time since I was a beginner at anything.

Inquiry 3: What guideline presents an opportunity to grow, for you?

- All the guidelines present me an opportunity to grow but these two [Be open to learn with a beginner's mind, and Be fully present] especially will help me grow.
- The guideline that presents an opportunity for my

growth is "Practice listening deeply and with honor."

- "Give positive acknowledgement and support" helps [the] learner try new skills without fear of criticism.
- "listen deeply and with honor" means respect which will build trust.

What wonderful testimonials to the benefits of the Inspired Learning Model in Adult Literacy!

And then there's more.....there is always more and we owe that to the California State Library who, in seeing the benefit of using the Inspired Learning Model, in Adult Literacy have set aside some funding to be used in this area in 2010.

Stay tuned for more.

### **Inspired Learning Program for Parents**

In earlier newsletters, I announced that the Foundation was undertaking the task of developing a program oriented specifically to parents.



While development took longer than expected, I believe that we will have a better program because of it. I am happy to announce that the parent handbook is now in its final editing stage, and we hope to deliver the first program early in the new year. We see the program for parents as an adjunct to the program for youth launched in April because the parent program will also benefit youth.

Stay tuned for dates and times, to be announced in January.

If you are interested in bringing a program for parents to your area, please let us know, and we will work with you to do so.

### **Volunteers Needed**

Every year, it's our team of beautiful volunteers who help us attain our vision. 2010 will be no different.

If you are interested in joining the Foundation's community of

volunteers, please e-mail  
marcyjohnsrude@inspiredlearning.org.

## **New forum format**

In the past, the Foundation hosted monthly Inspired Learning Facilitators Forums. The forums were available to facilitators trained in the Inspired Learning Model or any one interested in learning more about the Model.

We canceled the forums earlier this year due to low attendance, but some of you asked us to bring them back on a twice monthly basis. We heard that having them a month apart meant that, often, your questions were answered/issues resolved by the time another forum came up.

So, please be aware that we are going to create that wonderful space for you, again, where you can come to ask your questions and share your ideas, all on a more timely basis.

We are currently arranging/confirming topic areas with potential speakers so that you can have the benefit of others who have worked with the Model for several years in their area of expertise.

***Once the speakers are confirmed, we will send out an agenda for the 2010 forums.***

## **Point of View - What others have to say**

**A time for reflection and gratitude by Marcy Johnsrude**

This is the time of year where many of us reflect on our accomplishments of the past 12 months. Sometimes, as my brother likes to say "I don't look so good to me, but I can choose to either focus on those things I have done well or those other unmentionables...."

I would rather focus on the things I have done well, wouldn't

you? In fact, I always like to go a step or two further and reflect on the things I am grateful for. I have a gratitude journal and I take a couple of minutes each day to write down those wonderful aspects of my life that I am grateful for. What a wonderful space to be in, and I know that being in that space of gratitude is what actually leads me to accomplishing great things.

So, here's what I would like you to do. If you don't have a gratitude journal, start one right now, today--don't get caught up in waiting until new year's. Begin by writing down anything at all, such as being grateful for living in the country, your family, your friends, your canine or feline companions, your car, being able to walk everywhere, a bed you love.....whatever comes to mind, even those little things that you think are insignificant (e.g. I love my red hair). I promise, it will become easier and easier and you will begin filling up several pages at a time.

In writing down all those wonderful things I am grateful for, I almost immediately started to see a shift in my thinking and in what I was able to accomplish. Who wouldn't want more of that?

If you don't have a gratitude journal, or even if this is something you do already, go out and buy a special blank book and a special pen just for this purpose. Do it now and may 2010 be your best year ever!!!

Has the Foundation for Inspired Learning Inspired you? We would love to include your article in a future newsletter. [href="mailto:marcyjohnsrude@inspiredlearning.org">](mailto:marcyjohnsrude@inspiredlearning.org) Let Us Know What You Think!

## **Acknowledging Our Board of Trustees**

We would like to acknowledge Board Members *Marlene Martin, Robert Stack, Scott Bogart, Peter Szabo and Peter Reding* for all their work during 2009.

## Contributing to the Foundation for Inspired Learning

Ultimately, the strength of the Foundation depends on our volunteers and trainers helping to share in the vision and the work.

Your volunteer hours, financial support, taking a class or becoming certified are all important in furthering the Inspired Learning Model's reach into the numerous worlds of learning.

Thank you for joining us to "Celebrate Learning - Celebrate Life."

If you aren't already a benefactor of the Foundation for Inspired Learning or you simply haven't made your annual contribution to the Foundation, please consider making a donation now. You can make a donation securely through Pay Pal at <http://www.inspiredlearning.org/support.php> or by sending a check to:

Foundation for Inspired Learning  
c/o Scott Bogart  
2719 Harbor Blvd., Ventura, CA 93001

### Articles Contained Within this Newsletter

Please note that the articles contained within this newsletter and attributed to a specific author are the expressed opinions of that author and not necessarily the opinions of the Foundation for Inspired Learning.



Marcy Johnsrude, Executive Director  
Foundation for Inspired Learning

---

Email: [editor@inspiredlearning.org](mailto:editor@inspiredlearning.org)  
Web: <http://www.inspiredlearning.org>

[Forward email](#)

 **SafeUnsubscribe**®

This email was sent to editor@inspiredlearning.org by [editor@inspiredlearning.org](mailto:editor@inspiredlearning.org).  
[Update Profile/Email Address](#) | Instant removal with [SafeUnsubscribe™](#) | [Privacy Policy](#).

Email Marketing by



Foundation for Inspired Learning | 8030 La Mesa Blvd. Suite #164 | La Mesa | CA | 91941