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Foundation for Inspired Learning Newsletter

December 2008

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Dear Marcy,

Celebration

2008 was great! The Foundation turned 5 years old. We certified more facilitators of learning than our previous 4 years. And, we were involved with more programs than in our previous years.



I am celebrating each of you reading this for your continued support and for your advocacy and application of the Inspired Learning Model's philosophy in all the work you do to make this world a better place to learn and live.

Thank you for a great 2008 and here's to a Divine 2009.

Love and respect. *Peter Reding, Founder*

A Message From Our Executive Director

I hope you had a fabulous 2008.

This is normally a time of reflection for me, a time to celebrate, to express gratitude for everything that is part of my life - my family and friends, my dog, my home, and all the opportunities that came my way this year.

What about you? Give yourself permission to take about 5 minutes right now to sit back, relax, close your eyes and reflect on all the greatness you experienced in 2008. Take the time to give thanks for even those small things you are grateful for.

If you took the time to relax, reflect and give thanks, I'll bet you're feeling a little less stressed right at the moment--that was my intention.

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By now you must know how fired up I get about the Inspired Learning Model. I love the work I do and I get excited when someone new is drawn to the Model because it always seems to happen in a big way. I am honored to tell you that I am now a Master Certified Inspired Learning Facilitator. It was a pleasure being one of the four participants and helping guide 2 groups of Certified Facilitators through their Certification.

If you're new to the Inspired Learning Model and want to learn more, think about participating in one of our future Certified Inspired Learning Facilitator Programs OR ask me about our various volunteer opportunities, and prepare for a journey of inspiration, empowerment and celebration.

See you in 2009.

Marcy Johnsrude, Executive Director

2008 was a Good Year for the Foundation

This year, we saw the launch of our first 7-month entirely virtual Master Certified Inspired Learning Facilitator Program--4 individuals participated and helped guide 14 others through their certification in one of two Certified Inspired Learning Facilitator Programs. We were able to provide scholarships for two of the participants for the first time.

Another successful Youth Entrepreneur Leadership Program took place in 2008, this time for 14 youth in Pasadena on November 15 +16 and we have a number of Y.E.L.P. programs planned for 2009. Participants in the Y.E.L.P. workshops learn experientially through a creative process while discovering and understanding their unique talents. Youth learn skills such as teambuilding, public speaking, effective communication, leadership and decision making.

The Inspired Learning Model principles were integrated into a portion of the Adult Literacy programs in the California library system this year, and the Model was also taken to a special education school and several psychologists in Argentina in August.

We held two focus groups and began development of a program to take the Inspired Learning Model to parents. The intent is to introduce our first such program in early 2009.

2008 was a year of more relationship building, and we look forward to everything that next year will bring to the Foundation.

Certification Training in 2008

Master Certified Inspired Learning Facilitator Program

The Foundation is honored to celebrate the completion of a 7-month Master Certified Inspired Learning Model Facilitator Program for 4 individuals, which included two wonderful groups of inspired learners whom we guided through their certification as Certified Inspired Learning Facilitators.

The new 7-month training began in January after some revision to the previous content and going to a model that was completely virtual, making the learning even quicker, easier and more joyous, integrating all the inspiration, experience and insight that had transpired over the past 5 years of training.

Some of the Master Certification Candidates as well as a number of the Certification candidates are now completing their post training certification requirements.

Here's what one of the participants in the Master Certified Inspired Learning Facilitator Program had to say: "I am absolutely certain that completion of the Certified Inspired Learning Facilitator Certification and the Master Certification gave me the skills and confidence that helped me step into the job of my dreams." ---Anne Kelly, Lead Training Instructor, "Trust, Team Building and Leadership"

Everyone keeps telling us that being in the Inspired Learning Model is an awesome experience. Indeed, the training is a wonderful opportunity to meet with like-minded individuals and also gain experience that will give you a competitive advantage in whatever field you are in. Are you ready to begin the journey with us in 2009?

If you are interested in becoming certified in 2009, please contact marcyjohnsrude@inspiredlearning.org or keep checking back to our website for the next program dates.

If you have a group of 8 people or more, please contact Marcy and we can arrange special training for you and your group.

Celebrating the Standards of Presence -

by Chas Kroll

We used the Standards of Presence to launch our first ever 5-Day Comprehensive Tea Mastery Course at the Wellspring Tea Room in San Diego running from July 14-18, 2008. The Standards of Presence were well received and set the tone for the entire course.



I read the Standards of Presence to everyone word-for-word on Monday, July 14th, and got everyone's agreement to the principles. On Tuesday, I asked one of my students to read them. By Wednesday, we were able to go around the room and have one student after another reconstruct the list of 10 principles from memory without their notes.

It was not only impressive to experience, but really anchored the meaningful importance the intention statements had on anchoring the foundation of the course for all five days.

Thank you for opening the door to the Standards of Presence for me.

Chas Kroll, Certified Tea Master, Executive Director,
American Tea Masters Association

Point of View - What Others Have to Say

by Deb Waterstone, Certified Inspired Learning Facilitator

I facilitated a meeting where the team was in heavy duty conflict and having trouble moving forward. It was an urgent last minute request from a client who I was scheduled to do an all day gig with at the end of the month (August, 2008), so it was pretty unfamiliar territory.

Well, let me just say thank goodness for the Standards, the coaching mindset, focusing on what's working, withholding criticism, acknowledging, creating a safe and comfortable physical environment, and all the rest of the good yummy stuff that I now bring to the human interaction table. What a difference all of this made! I loved sharing, modeling, and supporting all the principles that I know work so well, and I loved seeing how the group responded to these things. It was a powerful and rewarding experience for me.

The icing on the cake is that the group made a lot of

headway and they actually had a positive experience even though they came in feeling so emotionally charged.

There were other facilitation techniques I used that were extremely helpful to the process so I don't want to discount those things. But, steeping it in the beautiful container of the Inspired Learning Model, law of attraction, and positivity was what really made the difference.

Hey, you know what? I think we all were inspired yesterday!

Thank you, Peter, for continuing to make such a difference in my life and the lives of others.
Deb Waterstone, Certified Inspired Learning Facilitator.

Has the Foundation for Inspired Learning Inspired You? We would love to include your article in a future newsletter. [Let Us Know What You Think!](#)

Acknowledging Our Board of Trustees

We would like to acknowledge Board Members *Marlene Martin, Robert Stack and Peter Szabo and Peter Reding* for their continued work during 2008, and also our Treasurer, Scott Bogart for all his work doing our financials.

Celebrating our Supporters

Ultimately, the strength of the Foundation depends on our volunteers and trainers helping to share in the vision and the work.

Your volunteer hours, financial support, taking a class or becoming certified are all important in furthering the Inspired Learning Model's reach into the numerous worlds of learning.

We want to celebrate all of you who supported the Foundation in 2008. Thank you very much for your contributions and your continuing support in 2009.

Thank you for joining us to "Celebrate Learning - Celebrate Life."

Marcy Johnsrude, Executive Director

Foundation for Inspired Learning

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